CACFP TEMPERATURE AND PORTION MENU

ST. JOHN'S ELC
700 S Franklin St, Denver, CO 80209

CYCLE 1 - WEEK 11

ST. JOHN'S ELC

	Time Out	Kit	Site	#	Agy	LUNCH	Portion	Unit	Total	Prep	Unit	Kit	Site	#	Agy	Snack	Portion	Unit	Total	Prep	Unit
	Delivery	Temp	Temp									Temp	Temp								
MON				**136**	GD	Baked WW Chicken Mac N Cheese	0.5	C	**68**	**3.4**	**LB**			**116**	G	WW Soft Pretzel Bites	3	EA	**348**		
						(Diced Chicken)	1.5	OZ	**204**	**13.6**	**LB**					Cinnamon Apples	0.5	C	**58**	**9**	**CN**
						FULLY STEAMED CARROTS	0.25	C	**34**	**13.6**	**LB**										
						FULLY STEAMED PEAS	0.25	C	**34**	**13.6**	**LB**										
3/14																					
						Sub 1 - GF Pasta															
						Sub 3 - Chicken Marinara															
						Sub 2 - WW Pasta										Sub 1 - GF Cornbread					
						Skim Milk	0.75	C	**6.5**		G										
TUES				**139**	E	Beyond Beef "Meat Loaf"	2	OZ	**278**	**19.1**	**LB**			**121**	G	Animal Crackers	0.25	C	**30.3**	**4**	**LB**
					GD	WW Biscuit (Small)	1	EA	**139**						D	String Cheese	1	EA	**121**		
						Mashed Potatoes	0.25	C	**34.75**	**15.6**	**LB**										
						Garden Salad	0.5	C	**69.5**	**13.9**	**LB**										
					ED	Ranch Dressing	1	TSP	**139**	**23.2**	**OZ**										
3/15																					
						Sub 1 - WW Turkey Sandwich															
						Sub 5 - Italian										Sub 1 - Corn Tortilla					
						Sub 4 - GF Bread										Sub 3 - Sliced Turkey					
						Skim Milk	0.75	C	**6.5**		G										
WED				**134**		Grilled Hamburger (1.5 oz)	1	EA	**134**	**21.8**	**LB**			**115**		**BROWN RICE CAKE**	1	EA	**115**		
					G	WW Roll	1	EA	**134**							Mangoes	0.5	C	**58**	**30**	**LB**
						FULLY STEAMED CORN	0.25	C	**33.5**	**13.4**	**LB**										
					E	Potato Salad	0.25	C	**33.5**	**15.1**	**LB**										
3/16																					
						Sub 1 - GF Bread															
						Sub 2 - Pineapple															
						Skim Milk	0.75	C	**6.5**		G										
THURS				**139**	GD	Grilled Cheese	1	HALF	**139**					**121**	GE	WW Zucchini Bread	1	EA	**121**		
					D	(Sliced Cheddar)	1.5	OZ	**208.5**	**13.9**	**LB**					Pineapple	0.5	C	**61**	**9**	**CN**
					D	Tomato Soup	0.5	C	**69.5**	**3.48**	**CN**										
						FULLY STEAMED BROCCOLI	0.25	C	**34.75**	**15.6**	**LB**										
3/17																					
						Sub 1 - GF Grilled Cheese Sandwich															
						Sub 3 - DF Tomato Soup															
						Sub 3 - WW Turkey Sandwich															
						HAPPY ST. PATRICK'S DAY!										Sub 2 - GF Fruit Bread (EF)					
						Skim Milk	0.75	C	**6.5**		G										
FRI				**134**		Sliced Ham	1.5	OZ	**201**	**12.6**	**LB**			**114**	GD	**WW GOLDFISH CRACKERS**	0.25	C	**29**	**4**	**LB**
					G	6" WW Tortilla	1	EA	**134**							Seasonal Fruit	0.5	C	**57**	**36**	**LB**
					D	Shredded Mozzarella	0.5	OZ	**67**	**5.03**	**LB**										
						Cucumber Salad	0.25	C	**33.5**	**11.7**	**LB**										
						FULLY STEAMED SEASONAL VEGGIES	0.25	C	**33.5**	**16.8**	**LB**										
3/18																					
																Sub 2 - Canned Fruit (If Strawberry)					
						Sub 1 - GF Ham & Cheese Sandwich										Sub 1 - Brown Rice Cake					
						Sub 2 - Sliced Turkey										Sub 2 - Animal Crackers					
						Skim Milk	0.75	C	**6.5**		G										

All milk served is unflavored

This institution is an equal opportunity provider

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