CACFP TEMPERATURE AND PORTION MENU

**ST. JOHN'S ELC**
**700 S Franklin St, Denver, CO 80209**

**CYCLE 1- WEEK 12**

**ST. JOHN'S ELC**

| | Time Out | Kit | Site | # | Agy | LUNCH | Portion | Unit | Total | Prep | Unit | Kit | Site | # | Agy | Snack | Portion | Unit | Total | Prep | Unit |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Delivery | Temp | Temp | | | | | | | | | Temp | Temp | | | | | | | | |
| **MON** | | | | **136** | | Teriyaki Chicken | 0.25 | C | **34** | **14** | **LB** | | | **116** | GD | WW Goldfish Crackers | 0.25 | C | **29** | **4** | **LB** |
| | | | | | | Brown Rice | 0.25 | C | **34** | **5.1** | **LB** | | | | D | Sliced Cheese | 0.5 | OZ | **58** | **4** | **LB** |
| | | | | | | Pineapple | 0.25 | C | **34** | **5.2** | **CN** | | | | | | | | | | |
| | | | | | | Edamame Coleslaw | 0.25 | C | **34** | **14** | **LB** | | | | | | | | | | |
| | | | | | | Vinaigrette | 1 | TSP | **136** | **23** | **OZ** | | | | | | | | | | |
| **3/21** | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | Sub 1 - Corn Tortilla | | | | | |
| | | | | | | | | | | | | | | | | Sub 2 - WW Tortilla | | | | | |
| | | | | | | | | | | | | | | | | Sub 2 - Sliced Turkey | | | | | |
| | | | | | | Skim Milk | 0.75 | C | **6.5** | | G | | | | | | | | | | |
| **TUES** | | | | **139** | E | Scrambled Eggs | 0.25 | C | **34.75** | **17** | **LB** | | | **121** | G | WW Pita | 0.5 | EA | **61** | | |
| | | | | | G | 6" WW Tortilla | 1 | EA | **139** | | | | | | | **SLICED TURKEY** | 0.75 | OZ | **91** | **8** | **LB** |
| | | | | | | Hash Browns | 0.25 | C | **34.75** | **16** | **LB** | | | | | | | | | | |
| | | | | | | Sliced Pears | 0.25 | C | **34.75** | **5.3** | **CN** | | | | | | | | | | |
| **3/22** | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | Sub 1 - Corn Tortilla | | | | | | | | | | | | | | | |
| | | | | | | Sub 2 - Bean | | | | | | | | | | Sub 1 - GF Bread | | | | | |
| | | | | | | Skim Milk | 0.75 | C | **6.5** | | G | | | | | | | | | | |
| **WED** | | | | **134** | GD | Ham & Turkey Tetrazzini | 0.5 | C | **67** | **4.4** | **LB** | | | **115** | G | WW Graham Crackers | 1 | PK | **115** | | |
| | | | | | | (Ham, Turkey) | 2 | OZ | **268** | **17** | **LB** | | | | | Applesauce | 0.5 | C | **58** | **6** | **CN** |
| | | | | | | Cold Corn Salad | 0.25 | C | **33.5** | **13** | **LB** | | | | | | | | | | |
| | | | | | | **FULLY STEAMED BROCCOLI** | 0.25 | C | **33.5** | **15** | **LB** | | | | | | | | | | |
| **3/23** | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | Sub 1 - GF Turkey Sandwich | | | | | | | | | | | | | | | |
| | | | | | | Sub 2 - WW Turkey Sandwich | | | | | | | | | | Sub 1 - Brown Rice Cake | | | | | |
| | | | | | | Skim Milk | 0.75 | C | **6.5** | | G | | | | | | | | | | |
| **THURS** | | | | **139** | GED | Tortellini Soup with Beans | 0.5 | C | **69.5** | **4.6** | **CN** | | | **121** | D | Zesty Chex | 0.75 | C | **91** | **8** | **LB** |
| | | | | | GED | WW Breadstick | 1 | EA | **139** | | | | | | D | String Cheese | 1 | EA | **121** | | |
| | | | | | | **FULLY STEAMED GREEN BEANS** | 0.25 | C | **34.75** | **12** | **LB** | | | | | | | | | | |
| | | | | | | Diced Beets | 0.25 | C | **34.75** | **5.3** | **CN** | | | | | | | | | | |
| **3/24** | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | Sub 6 - GF Cornbread (EF/DF) | | | | | | | | | | Sub 3 - Canned Fruit | | | | | |
| | | | | | | Sub 6 - Three Bean Chili | | | | | | | | | | Sub 3 - Animal Crackers | | | | | |
| | | | | | | Skim Milk | 0.75 | C | **6.5** | | G | | | | | | | | | | |
| **FRI** | | | | **134** | | **SLICED TURKEY** | 1.5 | OZ | **201** | **13** | **LB** | | | **114** | GE | WW Zucchini Bread | 1 | EA | **114** | | |
| | | | | | G | WW Pita | 0.5 | EA | **67** | | | | | | | Seasonal Fruit | 0.5 | C | **57** | **36** | **LB** |
| | | | | | | Cinnamon Apples | 0.25 | C | **33.5** | **5.2** | **CN** | | | | | | | | | | |
| | | | | | | **FULLY STEAMED SEASONAL VEGGIES** | 0.25 | C | **33.5** | **17** | **LB** | | | | | | | | | | |
| **3/25** | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | Sub 2 - Canned Fruit (If Strawberry) | | | | | |
| | | | | | | Sub 1 - GF Bread | | | | | | | | | | Sub 2 - GF Fruit Bread (EF) | | | | | |
| | | | | | | Skim Milk | 0.75 | C | **6.5** | | G | | | | | | | | | | |

***All milk served is unflavored***

**This institution is an equal opportunity provider**

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